

## CALIFORNIA WRAPAROUND



### **Wraparound is a process...**

That brings families together to create a plan that will help them stay together

That connects the family with resources to bring stability to their lives

That respects the culture, views and values of the family, individuals and children involved

That takes place within the community and supports families to connect to their community

That focuses on strengths and develops the talents of the family and child

### **Wraparound is holistic.**

It seeks to help meet the needs of caregivers and children in a range of life areas like education, health and even spiritual and social needs. The Wraparound process values and prioritizes the youth's voice and his or her priorities, but also relies on the youth's family to determine in which areas of their life they'd like to set goals. Although the family drives the wraparound process, one or more facilitators from a social services agency, like the county Probation Department, help family members and friends of loved ones work together to make the home and the community a safe place to live.

Probation departments in the nine counties that are participating in the California Well-Being Project are using the Wraparound process as part of their intervention strategy.

# Wraparound takes place in 4 phases:

*"Wraparound is a journey to more stability, strength and support."*

## 1 Engagement & Team Preparation

- First, the youth, the family, their friends and social workers and Probation staff, decide who should come together to develop a plan for success as a team.
- Then the team decides when and where to have meetings to discuss the plan.

The team discusses their concerns, needs, hopes, dreams, and strengths.

*This phase lasts 1-2 weeks and may consist of several meetings.*

## 2 Initial Plan Development

- The family voices their goals and ideas of what success looks like.
- The team decides what they will work on together.
- Everyone will leave the meetings knowing what they have to do and how to contact other team members.

*This phase takes 1-2 team meetings within 1-2 weeks.*

## 3 Implementation

- Team members work together to address the goals developed by the team.
- The team continues to meet regularly to review what has been going well, identify barriers and decide what strategies are needed from this point on.

*This phase requires regular team meetings.*

*The Phase continues until results are met.*

## 4 Transition

- During the transition process, the family identifies how they will prepare to address life events more independently over time.
- The team will identify a point when the family no longer needs to meet with the Wraparound team.
- The end of the process may involve a final meeting, a small celebration, or the team simply saying they are ready to move on.

*Completion may be done in one meeting or take several weeks.*

# What It Means for Families

## What Families and Young Adults Need to Know

You will be asked to identify your “Circles of Support.” A team of people you can rely on for support and to help you make decisions.

The team will build on what you are already good at rather than blame you for things that are difficult for you, we call this being strength based.

The team will work with you to understand your unique challenges and how we can work together toward your family’s vision.

Your wraparound plan will change from time to time.

You and your team will get to check to see whether your plan is helping you get to where you want to be.

## What Families and Young Adults Can Expect

It all begins with your story. You will have the opportunity to tell your side of things and share your own perspectives.

You will be asked to decide when and where to meet to discuss your plan for success. You can choose a place where you feel safe and comfortable.

When you’ve decided where and when to meet, you’ll begin scheduling meetings with your team.

You will get copies of all plans and reports including your wraparound plan and your list of strengths.

Your wraparound worker may ask you to sign papers, so that they can talk to other people to get ready for your first team meeting.

You will be actively participating in the process. Your input is very valuable.

More importantly, you will be listened to and respected.

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